

## FEES

Adults Include Persons 16 & Older  
Seniors Include Persons 60 & Older  
Families Include 2 Adults & 2 Children

### Individual Membership Fees

Adults: \$35 Monthly.....\$200 Annually  
Seniors: \$21 Monthly.....\$180 Annually  
College Students (with ID): \$25 Monthly  
City,APS & County Employees:  
\$20 Monthly.....\$120 Annually

### Family Membership Fees

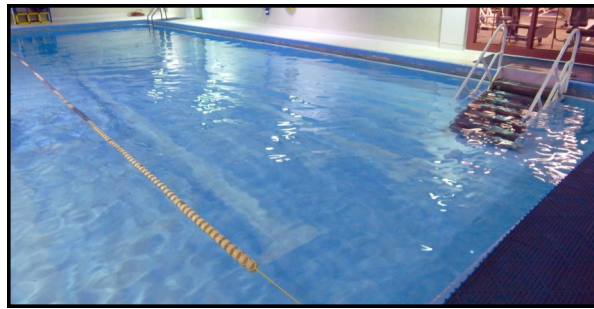
Families: \$50 Monthly.....\$400 Annually  
City,APS & County Employee Families:  
\$40 Monthly.....\$350 Annually  
Each Additional Child: \$24 Annually

### Individual Day Passes

All Access Pass: \$5  
Gym or Swim Only: \$3 (Seniors \$2)  
Class Only: \$3 (Seniors \$2)



*Prices are subject to change.  
Cash, Check, Visa & Mastercard accepted.*



### BALCH STREET FITNESS CENTER IS HOME TO

#### Blue Steel Boxing Academy

For information call  
Juan Jones at (330)604-1500 or  
Omar Dawood at (330)983-7754

#### Christian Women Affiliates “Inner-City Hope”

For information call (330)459-3977  
or email [cwa.mission@yahoo.com](mailto:cwa.mission@yahoo.com)

#### New World Performance Lab

For information call  
Slowiak at (330)926-7802  
or email [nwplab@gmail.com](mailto:nwplab@gmail.com)

#### Summit County Government

Health Education Center (330)595-4113  
AFSCME Local 1229 (330)631-1521

#### West Hill Neighborhood Organization

For information call (330)375-2844  
or visit [www.whno.org](http://www.whno.org)

#### Youth Excellence Performing Arts Workshop (YEPAW)

For information call (330)786-9601  
or visit [www.YEPAW.org](http://www.YEPAW.org)



DANIEL HARRIGAN, MAYOR

# City of Akron *Balch Street* Fitness Center



220 South Balch Street  
Akron, Ohio 44302

330-375-2446

[akronohio.gov/fitnesscenters](http://akronohio.gov/fitnesscenters)

## HOURS OF OPERATION

Monday-Friday 5:30AM - 8:30PM  
Saturday 8:00AM - 3:30PM

## FITNESS CENTER FEATURES

20 Yard Swimming Pool  
Hot Tub, Steam Room & Sauna  
Full Basketball Court  
Racquet Ball Court  
Group Exercise Room  
Treadmills & Recumbent Bikes  
Elliptical Machines  
Stairmaster Machines  
Free Weights



## PHOTOGRAPHY & VIDEOGRAPHY POLICY

Members and guests may not record or take pictures in the City of Akron Fitness Centers. This includes recording or taking pictures of class instructors and/or participants. Electronic devices are not to be used during fitness classes.

## BASKETBALL OPEN GYM

### Youth Basketball

Monday - Friday 2:30PM - 5:00PM  
Saturday 8:00AM - 11:00AM



### Adult Basketball

Monday - Friday 5:30AM - 2:00PM  
Monday - Friday 5:00PM - 8:30PM  
Saturday 11:00AM - 3:00PM

## FITNESS CLASSES

### Pilates

A non-impact class focused on the deep muscles of the abdomen and spine to strengthen muscles and improve posture.  
No Impact

### Learn to Swim

Swim lessons for adults and for kids are taught by a Red Cross certified instructor in the indoor pool.  
Low Impact

### Aqua Boot Camp

This class is held in the pool and allows you to jump, hop, skip, and run without undue stress on your joints.  
Low Impact

### Walk Your Way to Fitness

More than just walking, this class incorporates other body movements, weights and stretching for a gentle total body workout.  
Low Impact

### Zumba Gold

Exciting, easy to follow dance movements at a slower pace than Zumba. The class is based on Latin dance and electric pop.  
Low to Moderate Impact

### Boot Camp

This class combines multiple cardio styles with strength and core base formats.  
All levels welcome.  
Low to Moderate Impact

### Hip Hop!!

A variety of urban street dance styles are combined in this energetic class.  
Low to High Impact

### Step Aerobics

This high energy class combines step routines with abdominal work and weight lifting.  
Moderate to High Impact

***No one under 16 years of age is permitted in the fitness classes.***